



# **Leslie County School District**

## **2020-2021** **School Nutrition Report**

The Leslie County Nutrition Department is dedicated to providing nutritious, well – balanced meals to all students and faculty. During the 2019-2020 school year, we provided meals to all K-12 enrolled students, head start students, and district faculty wishing to participate under the National School Lunch and National School Breakfast program. The COVID pandemic that began in March 2020, led to an abrupt shift to the Summer Feeding Program allowing us to continue providing meal access for any child 18 and under in our community. For school year 2020-2021, we are providing meal access to all K-12 enrolled students, head start students, and any other child age 18 and under that wishes to participate. We are operating under the Summer Feeding Program utilizing COVID pandemic waivers granted.

Our foodservice staff currently consists of 5 certified Food Service Managers, 19 certified cook/bakers, a food service secretary, and a School Nutrition Director.

The Leslie County School District is enrolled and eligible to participate in the following federal food service programs:

- Community Eligibility Program (CEP) – allows access to FREE Meals for ALL Children under the National School Lunch and National School Breakfast Programs
- Afterschool Snack Program- providing free afterschool snacks to children enrolled in eligible programs (21<sup>st</sup> Century Programs and Save the Children Afterschool Programs)
- Summer Food Service Program- the primary feeding program utilized during the COVID pandemic from mid March 2020- June 30, 2021

## **Community Eligibility Program (CEP)**

Leslie County School District began participating in the Community Eligibility Program with the 2012-2013 school year. This program provides a free breakfast and lunch to all children in our district; regardless of parent/guardian income. For the 2019-2020 school year, our calculated claiming percentage was over 100%; therefore every reimbursable meal served to students was reimbursed at the free rate. The 2019-2020 reimbursement rates were \$2.20 for breakfast, \$3.50 for lunch, and \$0.94 for a snack. A la carte items can be purchased outside the reimbursable meal, as well as, adult meals. Adult meal prices are \$2.50 for breakfast and \$3.75 for lunch.

## **National School Lunch Program**

(N/A during COVID Pandemic from mid March 2020- June 30, 2021)

The National School Lunch Program was established in 1946 as a “measure of national security to safeguard the health and well – being of the Nation’s children.” With the passage of the Healthy Hunger Free Kids Act of 2010, the nutritional standards for meals and beverages provided on school campuses was strengthened. School districts receive federal reimbursement funds for each school lunch served to enrolled children that meet USDA guidelines. The federal meal pattern for lunch is designed to meet the nutritional needs of children. This is reflected in portion sizes and calorie ranges based on age/grade groups. Regulations require that we offer minimum portion sizes of meat, grains/breads, fruit, vegetable, and fluid milk at every lunch meal service. We also offer free potable water for children. Our district menus are written on a 4 week menu cycle and are certified to reflect meal pattern changes and target nutritional goals as established by the USDA. All regulations are being met by the district. We are assuring that 50% of the grains served are whole grain rich, a variety of fresh and canned fruits are offered, all vegetable subgroups are being met utilizing fresh, frozen and canned items, and a variety of 1% flavored and unflavored milk are being served.

The table below provides a synopsis of our 2019 – 2020 NSLP Lunch Program. This is reflective of 120 serving days. Note the last day of participation in this program was March 13, 2020.

|  |                     |
|--|---------------------|
| <b>Federal Reimbursement For Lunch</b>   | <b>\$547,760.50</b> |
| <b># of Schools Participating</b>        | <b>5</b>            |
| <b>Total Reimbursable Lunches Served</b> | <b>156,503</b>      |
| <b>Average Daily Participation</b>       | <b>1,305 = 86%</b>  |

### **National School Breakfast Program**

(N/A during COVID Pandemic from mid March 2020- June 30, 2021)

The National School Breakfast Program was established in 1966. School districts receive federal reimbursement funds for each breakfast served that meets USDA guidelines. Previous studies have shown that children who participate in the School Breakfast Program have significantly higher test scores than non – participants. The federal meal pattern for breakfast is designed to meet the nutritional needs of children. This is reflected in portion sizes and calorie ranges based on age/grade groups. District menus are written on a 4 week cycle and all regulations are being met.

The table below provides a synopsis of our 2019 – 2020 School Breakfast Program. This is reflective of 120 serving days. Note the last day of participation in this program was March 13, 2020.

|   |                  |
|---|------------------|
| <b>Federal Reimbursement</b>                | <b>\$180,862</b> |
| <b># of Schools Participating</b>           | <b>5</b>         |
| <b>Total Reimbursable Breakfasts Served</b> | <b>82,210</b>    |
| <b>Average Daily Participation</b>          | <b>686= 45%</b>  |

### **Afterschool Snack Program**

(N/A during COVID Pandemic from mid March 2020- present)

All school sites within our District operates the afterschool snack program through a collaboration with the 21<sup>st</sup> Century and Save the Children afterschool programs. The snack is offered after school to all participants from Monday – Thursday or when any of the programs operate.

The table below provides a synopsis of our 2019 – 2020 Afterschool Snack Program. Sites operated an average of 53 days for the Afterschool Program. Note the last day of participation in this program was March 12, 2020.

|   |                  |
|---|------------------|
| <b>Federal Reimbursement</b>            | <b>\$6096.84</b> |
| <b># of Schools Participating</b>       | <b>5</b>         |
| <b>Total Reimbursable Snacks Served</b> | <b>6486</b>      |
| <b>Average Daily Participation</b>      | <b>123</b>       |

## **Summer Food Service Program**

(PRIMARY Feeding Program during COVID Pandemic from mid March 2020- May 2020.  
Also being used for the entire 2020-2021 school year)

The Summer Feeding Program was created to ensure that children in low – income areas could continue to receive nutritious meals during summer months when school is normally not in session. All children 18 years or younger can receive these meals. Based on Community Wide Eligibility, we are able to offer meals to participants at no charge. We offer a combination of breakfast and lunch. These meals are typically served at school locations and are available to children that participate in summer school activities and are opened to ANY child in the community. Due to the abrupt closure of schools in March, we offered summer meals at all school sites and along several mobile route. During the 2020-21 school year, this is the primary program we are operating utilizing COVID waivers granted by USDA.

The table below provides a synopsis of our 2019 -2020 summer feeding program, which began operating early due to the COVID pandemic. March 18, 2020 to May 29, 2020

|                                    |   |
|------------------------------------|---|
| <b># of Sites</b>                  | <b>21 (41 days Breakfast and<br/>47 days Lunch)</b> |
| <b># of Meals Served</b>           | <b>Breakfast- 19,198<br/>Lunch- 21,407</b>          |
| <b>Average Daily Participation</b> | <b>455 kids</b>                                     |
| <b>Federal Reimbursement</b>       | <b>\$134,487.83</b>                                 |

### **A la carte Items**

A la carte items are priced and made available for sell to students during breakfast and lunch. At elementary sites, this includes extra entrée items, juice, milk, and other items offered on the menu that day that meet the Smart Snack regulations. Leslie County High offers for sell the same items as elementary sites, water, and a variety of other food items that are Smart Snack compliant.

### **School Stores & After School Functions**

Our school stores must wait at least 30 minutes after the last lunch period ends to sell items that also meet the Smart Snack nutritional guidelines. The principals have a pre-approved list from Gordon Food Services for food items that meet the Smart Snack guidelines. Thirty minutes after the official end of the school day until midnight, no nutritional guidelines must be followed. Regular soda's, candy, cakes, and etc. can be sold at after-school functions (ballgames, etc).

## **Assessment Tools**

Annually the school district and individual school sites complete the nutrition and physical activity assessment tool on the Alliance for a Healthier Generation website at <https://schools.healthiergeneration.org/>. The survey results are used to make improvements to district and school wellness policies and practices.

## **USDA Non Discrimination Statement**

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(1) mail: U.S. Department of Agriculture  
Office of the Assistant Secretary for Civil Rights  
1400 Independence Avenue, SW  
Washington, D.C. 20250-9410;

(2) fax: (202) 690-7442; or

(3) email: [program.intake@usda.gov](mailto:program.intake@usda.gov).

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